

## Microneedling RF with *MORPHEUS 8*

### Post-Treatment Instructions

- You may wash your face with a gentle cleanser 6 hours post treatment, we recommend using **Elta MD Foaming Cleanser**
- Your skin may still feel warm 6 hours after the procedure and a **Skinceuticals Biocellulose Masque** can help to hydrate, cool, and soothe your skin.
- To promote skin healing apply a healing cream, such as **Avene Cicalfate**. The following day you should wash twice a day with **Elta MD Foaming Cleanser** followed by application of **Avene Cicalfate and Elta MD sunscreen**.
- After the skin feels healed and smooth, you may continue your regular regimen.

### Are there any side effects and/or downtime?

Side effects following *MORPHEUS* are mild in nature, making this a minimal downtime treatment. For patients with very many broken blood vessels on the skin surface, there may be mild pinpoint bleeding and a very small chance of bruise. More typically, the skin is mildly red for approximately 24 hours. The skin may feel slightly rough like sandpaper for 2-3 days. Many patients can resume their normal routine within a day.

If you have any questions or concerns, please contact our office at (713) 497 1417.