

## **Platelet Rich Plasma (PRP) Treatment For Hair Loss**

### **Pre-Treatment Instructions:**

- For two weeks prior to the procedure, you should avoid medications that inhibit platelet function, such as aspirin, non-steroidal anti-inflammatory drugs (ibuprofen, naproxen, diclofenac), vitamin E, fish oil, St John's wort, garlic, ginseng, and ginkgo biloba.
- Please drink plenty of water and stay hydrated before appointment.
- You will be required to arrive 30min before your scheduled appointment to help complete the prep work for your treatment.

### **Post-Treatment Instructions:**

- During and after treatment there may be some pinpoint bleeding.
- You can resume activities right after treatment and can shower normally that evening.
- For the following 48hrs, we advise not using any topicals on the scalp area.
- To further enhance your result, we recommend pairing your treatment with our doctor recommended post-care package described below. It helps tackle the hair loss and hair re-growth from different angles for a superior result long term.
- Follow up pictures will be scheduled 3 months after your third treatment.

If you have any questions or concerns, please contact our office directly at (713) 497-1417.