

Spectra Laser

How do I take care of my skin?

- You may return to your regular skin regimen and apply makeup immediately after treatment.
- We recommend ***Even Up by Colorescience*** which is available at our office. This product has great coverage to mask any pinkness, sun protection, and additional ingredients to help brighten the skin for an even better result.
- ***ElaMD Gentle Foaming Cleanser*** or ***Revision Gentle Cleansing Lotion*** are gentle facial cleansers which can be used post-procedure.
- Continue to protect your skin from sun damage with sunscreen and physical barriers like a wide brim hat. Avoid direct sun light for a week after treatment.

Patients receiving the Spectra laser for tattoos, seborrheic keratosis, or individual sun spots are recommended to keeping the treated areas well moisturized with either ***ElaMD Moisturizer*** or ***Avene Cicalfate Cream***.

Are there any risks?

Possible side effects include mild redness and swelling may be seen following the Hollywood Laser Peel or Laser Toning. Hyperpigmentation, hypopigmentation, and blistering are rare side effects. Individual spot treatment of seborrheic keratosis, lentigines (sun spots), or angiomas may result in increased pigmentation for the next 4-6 weeks followed by lightening of these lesions. If you get a blister you should call the office and get in touch with a doctor as blisters can leave a scar.

Following laser tattoo removal, scabbing, redness, and crusting are common. Persistent or incomplete removal of tattoo ink can occur, and cosmetic and light-colored tattoo ink have a risk of darkening of the tattoo ink following laser treatment. Rare reactions of tattoo removal include allergic reaction.

If you have any questions or concerns, please contact our office directly at (713) 497-1417.

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