

THE PEARL

DERMATOLOGY

BOTOX® COSMETIC AND DYSPORT® **(BOTULINUM TOXIN)**

Botox and Dysport are both botulinum toxins and work to provide a safe, quick, and effective way to decrease the appearance of wrinkles. Preference over one or the other varies from one's own personal experience. Both can be used to treat frown lines, crow's feet, forehead lines, lifting the corners of the mouth, relaxing vertical neck lines, and much more. Botox and Dysport work to relax the muscles that are responsible for wrinkles caused by facial expression. Botulinum toxin stays in your system for about 24 hours, but the effects last about 3-4 months. Often, patients experience a little movement after 1-2 months, but it takes 3-4 months for any wrinkles to appear the way they did before treatment. After treatment, patients will notice the results begin to "kick in" as early as days 3-4, but results can take up to 2 weeks to show.

Dysport is also an effective treatment for focal hyperhidrosis. Hyperhidrosis is excessive sweating involving the palms of the hands and feet, underarms, and face, usually unrelated to body temperature or exercise. Dysport injections block the nerve signals responsible for sweating, stopping the sweat glands from producing too much sweat. Retreatment is typically needed in four to six months, as the nerves regenerate. Over time, however, patients can go longer between treatments. Please consult with your healthcare provider prior to treatment.

Pre-Treatment Day

1. We prefer that you refrain from using any blood thinners and non-steroidal anti-inflammatory drugs (NSAIDs) such as Aspirin, Ibuprofen (Advil, Motrin), and Naproxen (Aleve) for the two weeks prior to your treatment. If you require any of these, please do NOT stop taking these medications. If you continue to use these medications, you can still receive Botox or Dysport injections, however, keep in mind that your risk of bruising may be higher.
2. Other things that can increase your risk of bruising include fish oil, ginkgo biloba, St. John's Wort, high doses of vitamin E, and alcohol.

Treatment Day

1. At your first treatment with us, please come to the office 15 minutes prior to your scheduled appointment time, so that there is time for us to clean the treatment area and to take photographs. We typically re-take photos every 6 months for our records.
2. This treatment takes approximately 15 minutes.
3. Numbing cream is not recommended or needed for this treatment.

Post-Treatment Instructions

1. Immediately after treatment you may notice small bumps at the injection sites. These bumps typically resolve within 15 to 30 minutes. Occasionally you may bruise slightly from the injections. A bruise resolves

in about a week.

2. Do not massage the area. You should use the muscles that have been treated for about an hour after the injections. For instance, if you have had your crow's feet treated, you should squint off and on for an hour. This action helps the muscles to absorb the product.
3. Avoid exercise for 2 hours after your treatment.
4. It is important to remember that botulinum toxin softens wrinkles, and that deep wrinkles may not go away. With regular botulinum toxin use, deeper lines and wrinkles may soften over time.

ALLE Rewards Program (for Botox Cosmetic only)

ALLE is a reward program that saves you money on your Botox Cosmetic, Voluma, Juvéderm treatments, and SkinMedica skincare product purchases. You will earn 200 ALLE points for every Botox Cosmetic treatment you receive. Every 200 points you accumulate converts to a \$20 savings on your next Botox Cosmetic, Voluma, Juvéderm treatment, or on your next SkinMedica purchase.

Aspire Galderma Rewards Program (for Dysport only)

Aspire is a reward program that saves you money on your Dysport, Sculptra, and Restylane treatments. You will earn 200 points for every Dysport treatment. You can use your points towards any Dysport, Sculptra, and any Restylane product.