

THE PEARL

DERMATOLOGY

Sculptra Aesthetic

Sculptra Aesthetic is an FDA-approved facial injectable that stimulates collagen growth and can add volume back over time with long-lasting, natural-looking results. Sculptra can correct moderate to deep facial wrinkles and folds. Sculptra is poly-L-lactic acid, a biocompatible (does not harm the body) and biodegradable (able to be broken down by the body) material. It has been widely used for many years in dissolvable sutures, soft tissue implants, and other types of implants. Treatment with Sculptra usually requires 3 or more injection sessions over several months. Noticeable results will begin to appear gradually over a period of 3 to 4 months as the body produces its own collagen. Sculptra Aesthetic treatment results last 2 or more years in most patients. Maintenance treatments are needed to maintain the desired effect.

Sculptra Aesthetic gradually works to fill lines, wrinkles, and other volume deficits by stimulating the production of your body's own collagen to increase skin thickness. Your healthcare provider will decide the appropriate number of treatment sessions and the number of vials of Sculptra Aesthetic you will need at each session. Patients with severe facial volume loss may require 3 to 6 treatment sessions of 2 vials per visit.

Sculptra Aesthetic is FDA-approved for the correction of shallow to deep nasolabial fold contour deficiencies (smile lines) and other facial wrinkles. We also use it "off-label" to restore volume to the cheeks and temples.

Pre-Treatment Instructions

1. Do not schedule injections one to two weeks before an important social or professional engagement due to the possibility of redness, swelling and bruising from the procedure.
2. **Avoid the following 2 weeks prior to your treatment:**
 - a. All anti-inflammatories and blood thinners, including prednisone, aspirin, naproxen, ibuprofen, etc. If you need these products for your health, please **do not** stop your medication without permission from your healthcare provider.
 - b. Supplements that have an anti-inflammatory effect, some of which include; alpha-lipoic acid, acetyl-l-carnitine, cinnamon, clove, CoQ10, chamomile, creatine, Echinacea, Ephedra, fish oil, garlic, ginger, ginkgo, ginseng, glucosamine, glutamine, Goldenseal, L-carnosine, licorice, milk thistle, omega-3, resveratrol, turmeric, St. John's wort & Vitamin E.
 - c. Any dental work. Avoid 2 weeks before and after treatment.
3. Please do not drink alcohol 48 hours (about 2 days) prior to your Sculptra appointment. Alcohol thins the blood, which can lead to more bruising.
4. Please avoid treatment if you are planning on receiving a vaccine 2 weeks before or after your treatment. If you test positive for COVID-19, please wait at least 2 weeks after, to receive treatment.

Treatment Day

1. Prior to each treatment, arrive 1 hour and 15 minutes prior to your scheduled appointment time, so that there is time to clean the treatment area, take photographs and apply anesthetic ointment one hour prior to

treatment.

2. After your treatment, we will provide you with an ice pack. You will want to apply ice packs in 20-minute intervals for 24-48 hours (about 2 days) to minimize swelling and bruising.
3. You can immediately apply make-up and resume your normal skin care regimen.

Post-Treatment Instructions

1. We recommend massaging the treatment area for 5 minutes, 5 times a day for 5 days. This will help reduce any swelling.
2. You should call our clinic if you experience any severe pain or see whitening lasting more than 15 minutes, patterned redness lasting more than 2 hours, delayed redness, yellow bumps or pustules in the treatment area, discoloration in a net-like pattern or formation of sores.

Possible Risks & Complications

You cannot have Sculptra Aesthetic if you are pregnant, breastfeeding, under the age of 18, or if you have an allergy to any ingredient of Sculptra Aesthetic or lidocaine. The injections should not be done if you have any type of skin infection in the area being treated. Although uncommon, any procedure that punctures or breaks the surface of the skin carries a risk of a secondary infection.

Sculptra Aesthetic may cause redness, swelling, or bruising when first injected into the skin, typically resolving in hours to one week. Hematoma may also occur, typically resolving in hours to about two weeks. Pain may be present in the area of injection for several days following treatment. Worsening or prolonged symptoms or signs should be reported to your healthcare provider. The original skin depression may initially reappear, but the depression should gradually improve within several weeks as the treatment effect of sculptra aesthetic occurs. The health care provider will assess the need for additional sculptra injection sessions after four or more weeks. Treatment with sculptra aesthetic can result in small papules in the treatment area. These subcutaneous papules are typically not visible and asymptomatic and may be noticed only upon pressing on the treatment area. However, visible nodules, sometimes with redness or color change to the skin, have been reported. Patients should report any side effects to their health care provider. There is a very small chance (less than 1 in 100,000) of filler injection into a blood vessel. This may result in skin injury, stroke, or blindness.

Recommended Post-Procedure Products

1. Clinicians Complex Post Injection Cream